

CERTIFICATE OF PARTICIPATION

This is to certify that

Carmen Tissang

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:51:36

PACE 13:57/km **OVERALL** 133 of 166 GENDER 67 of 88 40 - 49 16 of 18

23 June 2019, Sun

Date

outLime

Signature